



Snack and Food policy:

Students are encouraged to bring snacks to school for consumption at break time. Food is not allowed in the classroom in grades K – 6 with the exception of birthday celebrations or a special treat given by the teacher. Junior High students are allowed to have food in the classroom only during the mid- morning break.

Food brought to school for either snack or lunch should be healthy. Please **do not** bring candy, soda pop, or other types of foods that are high in sugar. For many students, consuming these types of foods causes problems ranging from the inability to focus to disruptions. This policy does not preclude teachers (at their discretion) from occasionally allowing treats as rewards or on special occasions. If your child is diabetic, please consult the teacher and we will make exceptions as necessary. Chewing gum is not allowed even if it is sugarless.